Care Sling Instructions

The Care Sling is our most popular sling style and is designed to fit the needs of most patients. The Care Sling with head support is ideal for patients with weak or poor head control. Our Care Sling’s unique design enables the caregivers to apply and remove this sling when the patient is in seated position. We offer our standard Polyester material, Mesh material for bathing and Disposable material when patient specific situations arise.

Features:
- 1,000 lbs weight capacity
- Made from rip stop polyester — if punctured or torn, it will not rip
- 4-point hook up—attaches to any 2 or 4-point hook and loop sling attachment system
- Antimicrobial Protection — inhibits growth of microbes such as bacteria, mold and mildew that can cause stains, odors, and product deterioration (Excludes disposables)

Washing Instructions:
- Machine wash in soap solution
- Max washing temperature: 165° F
- Rinse thoroughly
- Do not bleach
- Do not dry clean

Drying Instructions:
- Hang or tumble dry
- Max drying temperature: 175° F
- Do not overload dryer
- Do not place with direct heat source in dryer

Recommended Sling Size:

<table>
<thead>
<tr>
<th>Size/Strap Color</th>
<th>Polyester</th>
<th>Mesh</th>
<th>Disposable</th>
<th>Polyester</th>
<th>Mesh</th>
<th>Disposable</th>
</tr>
</thead>
<tbody>
<tr>
<td>Small (Black)</td>
<td>400018</td>
<td>400008</td>
<td>600018</td>
<td>400028</td>
<td>400038</td>
<td>600028</td>
</tr>
<tr>
<td>Medium (Blue)</td>
<td>400020</td>
<td>400010</td>
<td>600020</td>
<td>400030</td>
<td>400040</td>
<td>600030</td>
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<tr>
<td>Large (Yellow)</td>
<td>400022</td>
<td>400012</td>
<td>600022</td>
<td>400032</td>
<td>400042</td>
<td>600032</td>
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<tr>
<td>X-Large (White)</td>
<td>400017</td>
<td>400011</td>
<td>600017</td>
<td>400034</td>
<td>400043</td>
<td>600034</td>
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<tr>
<td>Bariatric (Purple)</td>
<td>400015</td>
<td>400014</td>
<td>600015</td>
<td>400036</td>
<td>400041</td>
<td>600036</td>
</tr>
</tbody>
</table>

Sling Inspection:

- Use of Bleach
  The use of bleach for cleaning any Medcare manufactured sling is not encouraged. Using bleach will reduce the “life” of the sling. Bleach is known to speed up fabric deterioration while causing fading and discoloration. If your facility is using bleach to launder slings it is imperative to inspect for premature wearing on a regular basis. This will ensure a safe transfer for the patient and caregiver.

- Fraying
  Any fraying of the material on the sling or belt is a clear indication that the fabric is in a weakened condition. Slings and belts with fraying should be removed from service immediately.

- Rips or Burns in Material
  Tears in fabric can spread and cause excess strain to be put on other areas of the sling. Slings and belts with rips, tears or burns should be removed from service immediately.

- Time or Duration of Use
  The longevity of a Medcare sling is determined by frequency of use and washes, washing and drying temperatures, detergent/disinfectants, patient weight, and incontinence. Average life expectancy of a sling ranges from 6 months to 3 years and is impacted by many variables.

- Loose Stitching
  Any loose stitching on the sling, even if it is only supportive stitching, weakens that area and puts more strain on other areas of the sling.

- Items which impact integrity of slings:
  - Frequency of use
  - Frequency of washes between use
  - Washing temperature
  - Drying temperature
  - Detergents and disinfectants
  - Amount of weight lifted
  - Patient incontinence
  - Age of sling
Using the Care Sling: Seated Position

1. Position leg straps inside the arms of the chair.
   The sling should touch the seat of the chair, conforming to patient’s/resident’s tailbone area.
   The top of the sling should rest on patient’s/resident’s shoulders, and the center positioning handle should be centered between the patient’s/resident’s shoulder blades.

2. Gently raise patient’s/resident’s thigh, pulling the leg straps underneath.
   Repeat same procedure for other thigh.

3. Criss cross the leg straps as shown with one strap passing through the other.
   Attach straps to adjacent sling support hooks.

4. Position carry bar so that it is parallel with the patient’s/resident’s shoulders.
   Attach right shoulder strap to nearest sling support hook.
   Repeat process for left shoulder strap.
   Do not cross shoulder straps.

To position sling, gently lean patient/resident forward.

Position sling handles so they face away from patient/resident. Tuck the sling behind the patient/resident until it comes in contact with the seating surface.

Using the Care Sling: Lying Position

1. Pull leg straps under and up between each leg making sure sling material remains flat.

2. Criss cross the leg straps by inserting the end of one leg strap between the blue polyester material & white loop of the other leg strap.

3. Connect leg straps to hanger bars.

Using the Care Sling: Lying Position

1. Pull one leg strap under both legs, making sure material remains flat.

2. Pull opposite leg strap under both legs AND the first leg strap, making sure material remains flat.

3. Connect strap loops to hanger bars.

Standard—Cross Between Legs

1. Pull leg straps under and up between each leg making sure sling material remains flat.

2. Criss cross the leg straps by inserting the end of one leg strap between the blue polyester material & white loop of the other leg strap.

3. Connect leg straps to hanger bars.

Alternate—Cross Under Legs

1. Pull leg straps under and up between each leg making sure sling material remains flat.

2. Criss cross the leg straps by inserting the end of one leg strap between the blue polyester material & white loop of the other leg strap.

3. Connect leg straps to hanger bars.

Please read and adhere to the following guidelines:

1. Read all lift instructions before using.
2. Do not exceed safe weight capacity.
3. Visually inspect the sling prior to using it (check for fraying, cuts, or tears to straps and/or material).
4. Position the sling per the provided instructions, around the individual.
5. Do not use the lift systems for anything but their stated purpose.
6. All Medcare loop-style slings are compatible with Medcare and competitor’s 2-, 4-, and 6-point carry bars.

Only people who have received proper training should attempt to use Medcare Lift Systems. Improper use can lead to serious injury.

To ensure anyone using Medcare’s Lift Systems is properly trained, an on-going training program should be established. Contact your Medcare Safe Patient Handling Consultant, or Medcare Technical Support at 1-800-695-4479 should you have further questions.

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