The **Ladder Aid** assists with supine to sitting, sitting to standing, and raising legs back into bed. Either floor or ceiling lifts can be used in conjunction with the Ladder Aid.

**Features:**
- 500 lbs weight capacity
- Attaches to any 2 or 4-point hook and loop sling attachment system

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**Ladder Aid Part #100305**

*Proper patient and risk assessment is always required when deciding which sling type and application is to be used. Always refer to your institutional policies and procedures to ensure appropriate techniques are being used.

*Patient should not be left unattended with the Ladder Aid*

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**Washing Instructions:**
- Machine wash in soap solution
- Max washing temperature: 165°F
- Rinse thoroughly
- Do not bleach
- Do not dry clean

**Drying Instructions:**
- Hang or tumble dry
- Max drying temperature: 175°F
- Do not overload dryer
- Do not place with direct heat source in dryer

*WIPING: Between uses, Accel® TB or similar products can be used to clean this product. Follow the manufacturer’s guidelines when cleaning. When soiled, please follow the washing instructions.*

*Disposable slings are designed such that laundry is not required nor allowed. Therefore, the sling should be disposed of any time there is visible soiling of the sling and replaced with a new disposable sling.*

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**Sling Inspection:**

**Use of Bleach**
The use of bleach for cleaning any Medcare manufactured sling is not encouraged. Using bleach will reduce the “life” of the sling. Bleach is known to speed up fabric deterioration while causing fading and discoloration. If your facility is using bleach to launder slings it is imperative to inspect for premature wearing on a regular basis. This will ensure a safe transfer for the patient and caregiver.

**Loose Stitching**
Any loose stitching on the sling, even if it is only supportive stitching, weakens that area and puts more strain on other areas of the sling.

**Fraying**
Any fraying of the material on the sling or belt is a clear indication that the fabric is in a weakened condition. Slings and belts with fraying should be removed from service immediately.

**Rips or Burns in Material**
Tears in fabric can spread and cause excess strain to be put on other areas of the sling. Slings and belts with rips, tears or burns should be removed from service immediately.

**Time or Duration of Use**
The longevity of a Medcare sling is determined by frequency of use and washes, washing and drying temperatures, detergent/disinfectants, patient weight, and incontinence. Average life expectancy of a sling ranges from 6 months to 3 years and is impacted by many variables.
Ladder Aid Instructions

Supine to Sitting Transfer

Option 1
1. Tie off at end of bed, grab bar, or stationary object
2. Extend handles to patient
3. Patient pulls self to semi-sitting position placing one arm behind for leverage

Option 2
1. Hook the two end straps on the one side of the ladder aid to the main two point hanger
2. Lower handles to patient
3. Patient to use ladder aid as trapeze to assist with positioning in bed or pulling self to semi-sitting position

Option 1
1. Tie off at end of bed, grab bar, or stationary object
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Option 2
1. Hook the two end straps on the one side of the ladder aid to the main two point hanger
2. Lower handles to patient
3. Patient to use ladder aid as trapeze to assist with positioning in bed or pulling self to semi-sitting position

Sitting to Standing Transfer
1. Tie off at end of bed, grab bar, or stationary object
2. Lock wheels of wheelchair
3. Extend handles to patient
4. Patient pulls self to standing position

Raising Patient's Legs into Bed
1. Hook either end of ladder aid to lift main hanger bar
2. Place patient’s feet/legs into ladder opening
3. Raise feet/legs by raising hanger bar of lift
4. Guide feet/legs into bed

IMPORTANT: Do not use Ladder Aid as a total lifting device. Do not leave patients unattended with the Ladder Aid.

Only people who have received proper training should attempt to use Medcare Lift Systems. Improper use can lead to serious injury.

To ensure anyone using Medcare’s Lift Systems is properly trained, an on-going training program should be established. Contact your Medcare Safe Patient Handling Consultant, or Medcare Technical Support at 1-800-695-4479 should you have further questions.

Please read and adhere to the following guidelines:
1. Read all lift instructions before using.
2. Do not exceed safe weight capacity.
3. Visually inspect the sling prior to using it (check for fraying, cuts, or tears to straps and/or material).
4. Position the sling, per the provided instructions, around the individual.
5. Do not use the lift systems for anything but their stated purpose.
6. All Medcare loop-style slings are compatible with Medcare and competitor’s 2-, 4-, and 6-point carry bars.