

# **PELICAN RAPIDS**

## **W R E S T L I N G**



# **NYWA DISTRICT**

## **QUALIFIER - REGION 5**

**Top two wrestlers qualify for Bemidji on March 23-24, 2012**

**(If we have less than 200 wrestlers then everyone qualifies for Regions)**

# **SAT. MARCH. 17, 2012**

## **PELICAN RAPIDS, MN • HIGH SCHOOL**

### **PRE-K - 8TH GRADE**

#### **WEIGH-INS:**

**8:00 - 9:30 am (Pre-K - 4th grade • 9:00 - 10:30 am (5th - 8th grade**

**Wrestling begins: 10:00 am (Pre-K - 4th grade • 11:00 am (4th - 8th grade Approx.**

**REGISTRATION FEE: \$10.00**

**NO COOLERS ALLOWED - *Please support our concessions!***

**EACH WRESTLER WILL NEED A NYWA INSURANCE / MEMBERSHIP CARD!!**

NYWA memberships can be purchased in advance for \$12.00 on the NYWA website: [www.nywa-mn.com](http://www.nywa-mn.com)  
or at the door for \$15.00.

Wrestlers will be grouped by grade (k and under, 1&2, 3&4, 5&6, 7&8) and scratch weight.

We will try to group wrestlers within 10% of each other, weight wise.

(We do NOT follow the NYWA regional and state weight classes at this tournament)

#### **BRACKETS:**

Wrestlers will be placed in 4-man brackets whenever possible.

We will wrestle round robin. *Stay at matside until done*

We are hoping to get every wrestler 3 matches.

Rules: Folkstyle (MSHL rules will be applied)

Periods: 3X 1-min. periods for K-6, 1:30 7 and 8

**EACH WRESTLER MAY HAVE ONE COACH AT THE MAT SIDE!!!**

For more information, please contact Jeff Meyer (218-329-3292) or e-mail: [jmeyer@loretel.net](mailto:jmeyer@loretel.net)